

REAL AMERICAN HEROES

** May be handed out as an assignment or used as a guideline for facilitating the lesson in your classroom.*

In the Super Citizen Program, you'll meet heroic people who have changed the course of history. In your Torch Teams project, you'll discover that there are amazing people in your town - right now - who are making this world a better place.

Your class will discuss the character traits of heroes, their contributions to the community and how YOU can use your passion and skills to be a hero too.

At the end of your program you will have a chance to honor them in person - on stage!

START HERE:

Visit **TorchTeams.org** and watch "A Day in the Life of a Hero" videos to begin thinking about the characteristics that make a real hero.

What are some character traits or helpful qualities you saw in the heroes in the videos?

(compassion etc.)

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

Name some famous Americans who have shown examples of these traits:

- _____
- _____
- _____
- _____
- _____
- _____



Liberty's

Legacy

TORCH TEAMS

shining a light on real American heroes

YOUR HEROES

List 10 heroes (general: doctor / custodian etc.) or (specific: John Smith, custodian) from your own community. *(Have your parents help with this one as well!)*

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

What are some character traits, skills or passions you have that would help you make an impact on other people? On your country? On the world!?

Example: If you love to sing, how can that help someone else? You could bring joy to the elderly by singing at a nursing home! If art is your passion, could you help kids at a pediatric hospital with art projects? Be creative! (You may use the back of this page if needed.)
